# Peterborough Horticultural Society

Volume 164 **January 2025** Number 1

Wednesday January 22, 2025 @ 7pm, via Zoom: Nikki Jabbour,

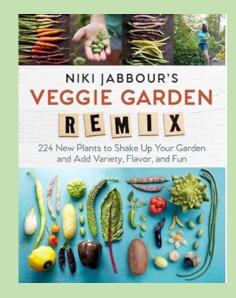
A Year-Round Vegetable Gardener, Award-Winning Author and Speaker

This meeting is Zoom only! Stay home and stay warm 😉

Join us in welcoming Niki Jabbour all the way from Halifax, Nova Scotia into our homes \_\_\_\_\_ via ZOOM!

Niki's presentation will be on Veggie Garden Remix. 238 New Plants to Shake Up Your Garden and Add Variety, Flavor, and

With her lively "Like this? Then try this!" approach, Niki encourages you to expand your repertoire to try awesome global, heirloom and unusual veggies. She presents detailed growing information for each plant, along with fun facts and plant history. Be prepared to have your mind expanded and catch Jabbour's contagious enthusiasm for experimentation and fun in the garden.



For those of you who don't know Niki, she is an award-winning author of four books – *The Year Round Vegetable Gardener* (2012 American Horticultural Society Book Award), *Groundbreaking Food Gardens: 73 Plans That Will Change the Way You Grow Your Garden, Veggie Garden Remix: 224 New Plants to Shake Up Your Garden and Add Variety, Flavor, and Fun* (Winner of the 2019 American Horticultural Society Book Award, Winner of the Gold Book Award from GardenComm, and winner of the 2019 Silver Award from Taste Canada), and Growing Under Cover: Techniques for a More Productive, Weather-Resistant, Pest-Free Vegetable Garden. She also writes for magazines like *Fine Gardening, Horticulture*, and *Birds & Blooms*.

web: <a href="mailto:peterboroughhort.com">peterboroughhort.com</a> newsletter submissions: <a href="mailto:ptbohortsoc@gmail.com">ptbohortsoc@gmail.com</a> mail: P.O. Box 1372 Peterborough, ON K9J 7H6 instagram: <a href="mailto:ptbohortsoc">ptbohortsoc</a> facebook: <a href="mailto:peterborough">Peterborough Horticultural Society twitter: @PtboHortSoc</a>

# **PHS Speakers for 2025**

Jan. 22: **ZOOM** with **Niki Jabbour** "Veggie Garden Remix"

Feb. 26: **ZOOM** with **Anne Leggatt** "Gardening During Climate Change

# In Person meetings at the Peterborough Lions Centre

Mar. 26: **Darryl Cheng** "House Plants"

Apr. 23: To be determined

May 28: Lorraine Johnson "Edible City: Adventures in Urban Food Production

& Edible Native Pants"

Jun. 25: A Panel of Experts "Ask me Anything"

### Summer Break so no-one has to come in from the garden!

Sep. 24: MJ Pilgrim "Spring bulb planting and planning"

Oct. 22: Suzanne Catty "Potions & Lotions from the Garden"

Nov. 26: Silvia Strobl "Winter Tree Identification"

### **COLOUR OF THE YEAR**

In the past years we eagerly awaited the "Colour of the Year" announcement from the Communities in Bloom organization. This year Communities in Bloom has selected a garden "**Theme**" instead of a colour.

# THEME OF THE YEAR FOR 2025 "ALL ABOUT EDIBLE GARDENS"!





The theme highlights the benefits of growing your own food, which can help with food insecurity, support local ecosystems, and strengthen community ties.



# **President's Message – January 2025**

Looking ahead to 2025, we are excited to continue our work and further our mission of promoting horticulture and environmental stewardship. Let's look forward to another fruitful year of growing, learning, and sharing with each other. Together, we can continue to cultivate not only our gardens but also the strong sense of community and passion that makes our society so special.

As we embrace the quieter months of winter, it's the perfect time to reflect on the gardens we've cultivated, the plants that have thrived, and the lessons we've learned along the way. Winter can be a time of planning,

whether it's dreaming about the spring blooms, reorganizing our gardening tools, or making those essential seed lists for the coming season.

I encourage you all to take a moment in the stillness of winter to enjoy the beauty in your gardens — even if it's just the frost on your favorite winter shrubs or the birds that visit your feeders. There's always something to appreciate in nature, no matter the season.

I want to extend my heartfelt gratitude to each of you for your dedication and passion throughout the past year. Whether you've contributed to one of our garden projects, shared your knowledge, or simply participated in our events, you are an essential part of what makes this society thrive.

#### ♦ Anne Trudel-Inglis PHS President

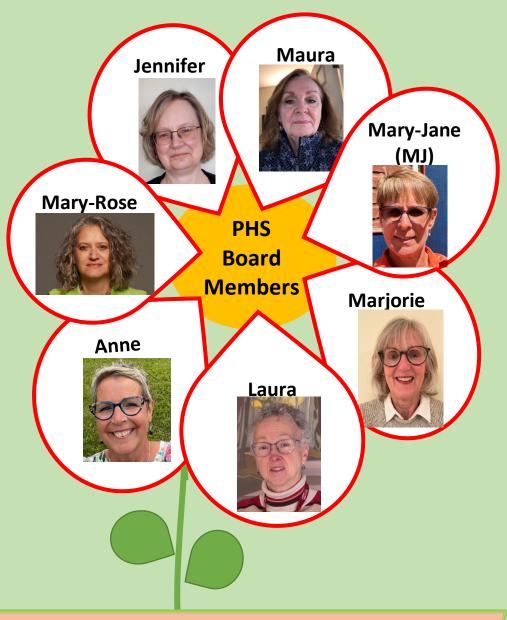


If you are interested in joining a dynamic group of people who are passionate about our Garden Club, we welcome you to join our Board.

If interested, please contact us via email: <a href="mailto:ptbohortsoc@gmail.com">ptbohortsoc@gmail.com</a> or chat with Anne at our meetings.



# 2025 PHS Board



Peterborough Horticultural Society
Officers & Directors
2024 - 2025

Officers

President: Anne Trudel-Inglis Vice-President: Jennifer Shaw

Secretary: vacant

Treasurer: Mary-Rose Daigle
Past President: Mary-Jane (MJ) Pilgrim

**Two Year Directors: One Year Directors:** 

Marjorie Vendrig Laura Jack Jennifer Shaw Maura Holek

# It's time to renew your Membership for 2025 We like to welcome new members too!



# Our membership fees are a great deal \$25 for single and \$30 for a family (Guests fee \$5.00/meeting)

Your membership will give you access to our fun and informative newsletters, in person meetings with guest speakers, fun bus trips, raffles, discounts at local gardening vendors all year round and so much more.

If in person meetings are not possible, we 'Zoom' the meeting to you in the comfort of your own home! (Many of which are recorded for future reviewing).

#### **Options for Members**

#### Online:

[\*\* New: 2025 Easy Fill Online Membership Form]

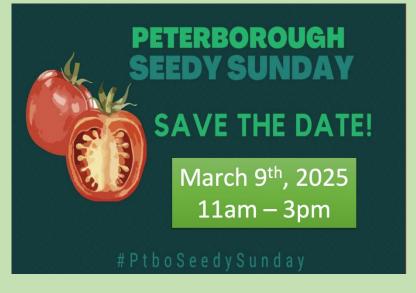
Form submission required for current members with change of contact information only. Send e-transfer for \$25/single or \$30/family to <a href="mailto:ptbohortsoc@gmail.com">ptbohortsoc@gmail.com</a>

#### **OR Print & Mail:**

Membership Form 2025 Form submission required for current members with change of contact information only.

 Send a cheque made out to the PHS for \$25 single/\$30 family to: Mary-Rose Daigle 512 Dickson Street Peterborough, ON K9H 3K1





#### **Meet the Team Behind the Green**

Featuring our Board Members: This month we are introducing....

# Jennifer Shaw, Vice-President Peterborough Horticultural Board



My mother always said that if something grows easily in the garden and looks healthy it's probably a weed. She was an avid gardener but only managed to focus on her garden when she retired.

I inherited the desire to garden from my mother, but I started with indoor plants in my first apartment. When I did get some outside space in my first house I focused on vegetables and garden perennials that didn't need a lot of care (time management!). The more I experimented with different plants and vegetables the more I wanted to be outside in the garden.

Adding to my increasing excitement about trying new plants and ideas was the awareness that what we do in the garden directly impacts our local

environment. The more I learned the more I realized that there was so much information and experience out there and I wanted to get involved. I joined the PHS as a way to connect with people, have some fun and get access to the kind of presentations that the Society provides.

I am still expanding my vegetable and flower gardens to include native plants – my son says I'm in a "war on grass" My goal is to have a range of plants that bloom and change throughout the spring, summer and fall for colour and enough vegetables to be a real supplement to my grocery bill. I think I may need to retire first though.

#### Jennifer Shaw



### **AGM 2024 - President's Report**

2024 was my first year as President...I am extremely thankful to MJ, our Past President for mentoring me, as well as our Board members whose support is immeasurable.

Our year began with two amazing Zoom speakers – which happened to coincide with seriously nasty weather that would have forced meeting cancellations. Well done to our speaker coordinators for their foreknowledge of those storms! In January we learned about "An Appetite for Gardening – Incorporating Edibles" and in February we were presented with "Tropical Treasures".

In March, we learned about "Ornamental Grasses," and April brought us "Rain Gardens". In May, it was "Growing and Hybridizing Daylilies". In June we learned about "Composting Techniques" - there were creepy crawlers in the house!!!

June 11<sup>th</sup> – we enjoyed a fun filled day on the **Bus Trip** starting with some retail therapy -at Anna's Perennials. Then we bounced along the road to the Uxbridge/Leaskdale area to Hosta Hideaway Farm who grow and sell over 400 varieties of Hostas, some of which found their way onto the bus! We enjoyed a lovely lunch and tour at the Lucy Maud Montgomery Manse. To end the day, we toured Hedgerow Farm which is a privately owned 100-acre farm. We ended our day wondering through their 4 acre 300 variety Peony field where we picked our very own bouquet of Peonies to take home. The Bus never smelled so good!!

After an auto-watering summer which extended into Autumn this year, the fall brought more great speakers on the topics of "Dirt on Soap and Home Remedies", and we learned about "Moths, The Butterflies of the Night" and we end the year of with "Winter Floral Design". Our board is already working on speakers for 2025 that are sure to please.



Volunteering in Fleming Park gardens came to an end this year due to the Park being an unsafe environment. In September we recognized our Fleming Park Volunteer for their years of service, hard work and dedication.

We presented Pat de Villiers with a Lifetime Service Award at our September meeting.

Our monthly newsletter showcases our speaker, the president's message, interesting articles, announces our activities, community involvements and upcoming events in the Horticultural world.

Our total 2024 membership number: 256 (56 were new members)

In 2024 we were able to increase the amount of our Student Scholarships from \$100 to \$150 per student. We offered six scholarships this year and we received thank you notes from several of the students who were thrilled to receive our support.

We donated \$250 to Immaculate Conception School to help the Grade 8 students plant a new garden.

#### I'd like to thank our board members for their support:

MJ Pilgrim, Sandra Caswell, Annie English, Mary-Rose Daigle, Anita Clifford, Laura Jack, Maura Holek, Jennifer Shaw and Marjorie Vendrig.

Special thank you to Shaun Pyper for Chairing the Flower Shows and Fred Doris for Chairing Fleming Park project.

Lastly, thank you to all our amazing members for your continued support.

**♦** Anne Trudel-Inglis, President

# **Upcoming Events and Activities.....**

#### **Events**

March 9<sup>th</sup>, 2025 – Seedy Sunday (location to be announced)

April 5<sup>th</sup>, 2025 – OHA Annual General Meeting (co-hosted by Brighton & Grafton)

April 26<sup>th</sup>, 2025 – A Day for Gardeners by the Peterborough Master Gardeners

October 18<sup>th</sup>, 2025 - OHA Fall Seminar (Peterborough)

#### **Free Gardening Webinars**

#### **Blooming Boulevards (Mississauga, ON)**

All webinars are held on Saturdays at 10:00am – 11:00am Click the link below to register, space is still available! <a href="https://www.bloomingboulevards.org/book-online">https://www.bloomingboulevards.org/book-online</a>



#### **Gardening Resources**

**OHA Garden Ontario** website <a href="https://gardenontario.org">https://gardenontario.org</a> lots of downloadable resources and the new Autumn 2024 Trillium

**Peterborough Master Gardeners** website is <a href="https://peterboroughmastergardeners.com/">https://peterboroughmastergardeners.com/</a> read the blog, ask questions, find events in Peterborough area.

There are a lot of websites, books and groups that provide resources – if you have a favourite one, please let us know and we will share in the newsletter

### **Lost and Found**

These two items were found at our November 27, 2024 meeting at the Lions Centre.

If one of these items belongs to you, please email us at <a href="mailto:ptbohortsoc@gmail.com">ptbohortsoc@gmail.com</a>



